

SOUTHERN SUN CENTRE FOR CULINARY EXCELLENCE



NEWS FLASH

JULY

THURSDAY 8 JULY 2010 INTRODUCTION TO PASTRY: Price - R285.00

Learn basic pastry techniques that form the foundation and base for any aspiring Pastry Chef.

FRIDAY 9 JULY 2010 ADVANCED FOOD COSTING: Price - R285.00

A more advanced class which goes into more detail, covering various complexities involved in Food Costing.

WEDNESDAY 14 JULY 2010 INTERMEDIATE PASTRY: Price - R342.00

Learn how to use basic pastry techniques and explore various applications that are available.

FRIDAY 16 JULY 2010 BASIC FOOD COSTING: Price - R285.00

Learn how to cost out a recipe as well as assess and minimise wastage. Effectively reduce your food cost percentage and maximise profits.

AUGUST

FRIDAY 6 AUGUST 2010 ADVANCED PASTRY: Price - R399.00

Be creative with pastry by learning about Chocolate work, decorative pastry work, sugar work and garnishing.

WEDNESDAY 11 AUGUST 2010 PAN AFRICAN CUISINE: Price - R399.00

Explore African cuisine from North to South and East to West, covering a continent rich in flavour and culture.

MONDAY 16 - FRIDAY 20 AUGUST 2010 5 DAY SKILLS FOUNDATION COURSE:

Price - R1 710.00

Maximise your profits by reducing wastage, motivate your staff by equipping them with essential skills & prepare your establishment's kitchen for any event.

THURSDAY 26 AUGUST 2010 KNIFE SKILLS: Price - R285.00

Learn how to effectively utilise the extension of any chef's hand and how to present your food creatively.

SEPTEMBER

WEDNESDAY 22 SEPTEMBER 2010 CHOCOLATE WORK: Price - R399.00

Learn the delicate art of working with chocolate.

WEDNESDAY 29 SEPTEMBER 2010 KNIFE SKILLS: Price - R285.00

Learn how to effectively utilise the extension of any chef's hand and how to present your food creatively.

THURSDAY 30 SEPTEMBER 2010 SCONES AND CAKES: Price - R285.00

A hands-on one day course on how to make scones and various types of cakes

OCTOBER

WEDNESDAY 6 OCTOBER 2010 COLD DESSERTS: Price - R285.00

Learn the sweet art of making a variety of cold desserts, such as Bavarian Cream, Pannacotta and Custard Cream.

WEDNESDAY 13 OCTOBER 2010 INTRODUCTION TO PASTRY: Price - R285.00

Learn basic pastry techniques that form the foundation and base for any aspiring Pastry Chef.

WEDNESDAY 20 OCTOBER 2010 INTERMEDIATE PASTRY: Price - R342.00

Learn how to use basic pastry techniques and explore various applications that are available.

WEDNESDAY 27 OCTOBER 2010 ADVANCED PASTRY: Price - R399.00

Be creative with pastry by learning about Chocolate work, decorative pastry work, sugar work and garnishing.

NOVEMBER

WEDNESDAY 3 NOVEMBER 2010 GARNISHING: Price - R285.00

Learn various garnishing techniques and methods.

MONDAY 15 - FRIDAY 26 NOVEMBER 2010 10 DAY SKILLS PROFICIENCY COURSE:

Price - R4 000.00

**FOR MORE INFORMATION OR BOOKINGS PLEASE CONTACT JANET ON JANET@SACA.CO.ZA OR 011 482 7250
BROUGHT TO YOU BY THE SOUTH AFRICAN CHEFS ASSOCIATION.**

SPONSORS: SOUTHERN SUN; VULCAN; RICHES; CATERPLUS; CHIPKINS; CROWN NATIONAL